

Category	Label	Description
1	Living with IC	Discussion centers on participant's experiences in living with IC
1.1	Emotional wellness	Discussion centers on the participant's physical and emotion wellness in relation to her IC.
1.1.1	Emotional effects on IC symptoms	Participant discusses the emotional effects on her IC.
1.1.2	IC impact on emotional state	Participant discusses how IC impacts her emotional state.
1.2	Relationships/other interactions	Discussion centers on how IC impacts the participant's relationships.
1.2.1	Romantic	Participant discusses the impact that IC has on her romantic relationships.
1.2.2	Friendships	Participant discusses the impact that IC has on her friendships.
1.2.3	Family	Participant discusses the impact that IC has on her relationships with family members.
1.2.4	Co-workers	Participant discusses the impact that IC has on her relationships with co-workers.
1.2.5	Reactions	Participant describes how people react to her condition.
1.2.6	How explains condition to others	Participant discusses how she explains her condition to others.
1.3	Adjustment to life with IC	Participant describes what it has been like to adjust to living with IC.
1.4	Quality of life	Participant describes the impact that IC has had on her quality of life.
1.4.1	Frequency/urgency	Discusses that frequency/urgency impacts her quality of life.
1.4.2	Planning activities/commitments	Discussion centers on the complexity of planning activities, commitments, etc. Typically coded with 1.4.4
1.4.3	Travel	Discussion centers on travel or travel modification.
1.4.4	Always thinking of IC	Discusses that always thinking of IC impacts her quality of life. Typically coded with 1.4.2
1.4.5	Pain/nausea/fatigue/sleep	Discussion centers on pain, nausea, and/or fatigue; includes effect on sleep.
1.4.6	Social isolation	Discussion centers on social isolation as a result of IC.
1.4.7	Effect on work	Discusses how IC affects her ability to work or earn a living.
1.4.8	Diet	Discussion centers on diet or diet modification.

1.4.9	Financial	Discussion centers on financial burden of having IC.
2	Support	Discussion centers on type of support participants have/do not have/have sought
2.1	Social support/non-clinical coping strategies	Discussion centers on participants' support and other non-clinical coping strategies.
2.1.1	Support groups/online groups	Participant is a member of support groups/online groups for IC.
2.1.2	Family/friends/significant other	Participant relies on family and/or friends and/or significant other for IC support.
2.1.3	No social support	Participant expresses that she has no IC social support.
2.1.4	Self-care/other coping strategies	Discussion centers on participant self-care methods and other coping strategies.
2.2	Sought mental health support	Discussion centers on participant experience in seeking mental health support to cope with IC.
2.2.1	Yes, has sought mental health support	Participant has sought mental health support to cope with IC.
2.2.2	No, has not sought mental health support	Participant has not sought mental health support to cope with IC.
2.2.3	Level of effectiveness of mental health support	For those who sought mental health support, describes the degree of effectiveness for IC coping.
2.2.4	Number of visits necessary	Discusses number mental health profession sessions that she feels is adequate.
3	Treatment Experiences	Participant discussion regarding her treatment experiences
3.1	Characterization of treatment	Participant discusses how she characterizes her treatment of IC so far.
3.1.1	Type of treatment/surgery/medications	Discusses type of treatment/surgery/medications she had undergone/taken.
3.1.1.1	Successful	Participant discusses aspects of treatment that she considers to be successful.
3.1.1.2	Unsuccessful	Participant discusses aspects of treatment that she considers to be unsuccessful.
3.2	Elements missing from care plan	Participant explains what she thinks is missing from her care plan.
3.3	Personal understanding of IC	Discussions centers on participants' own understanding of her condition.
3.3.1	Has some degree of understanding	Participant expresses that she has some degree of understanding of her condition.
3.3.2	Does not understand	Participant expresses a lack of personal understanding of her condition.

3.3.3	IC information provided by health care provider/nurse	IC information was provided to her by a healthcare provider/nurse.
3.3.4	Conducts own research on IC	Participant seeks out IC information on her own.
3.4	Co-occurring conditions	Discusses her co-occurring conditions.
3.5	Times of symptom relief/what helps	Participant discusses times in which she has experienced symptom relief.
3.6	Indicator of improvement	Discusses how she would know if her IC was improving.
3.7	Trial and error	Participant feels that trial and error is the only way to find help; indicates that treatment is different for everyone.
4	Provider capabilities	Discussion centers on provider's clinical capabilities
4.1	Provider level of knowledge	Participant discusses that her provider is lacking knowledge about IC.
4.1.1	Sufficient	Participant expresses that her provider has sufficient IC knowledge.
4.1.2	Lacking	Participant expresses that her provider has insufficient IC knowledge.
4.2	Lack of communication between providers	Participant discusses that her provider lacks communication with her other providers regarding IC.
4.3	Misdiagnosis/alternative explanations	Participant discusses her IC misdiagnoses or alternative explanations.
4.4	Feels she must advocate for herself	Participant discusses that she has to advocate for herself when it comes to provider IC treatment.
4.5	Feels dismissed/not taken seriously	Participant expresses that she feels dismissed or not taken seriously about her IC
4.6	Delayed diagnosis	Participant's diagnosis was long after start of symptoms; participant was not told outright by provider.
5	Treatment needs	Participants express treatment needs
5.1	Day-to-day IC management needs	Discussion centers on what would help participants manage the day-to-day experiences with IC better.
5.2	Adequate treatment	Participants discuss what they think is needed in order to adequately treat IC.
5.3	Important factors for treatment	Participants discuss what they think are the most important factors to treat IC.
5.4	What do doctors need to know	Discussion centers on what participants think that doctors need to know about their condition.

5.5	Needs better personal understanding of IC	Obtain a better understanding of her own condition-better explanation.
5.6	Symptom management	What she thinks would help manage symptoms.
5.7	Support groups	Participants would benefit from support groups with other women with IC